

Silver Upgrading Programme (SUP) Piloted in Chong Boon

Four precincts² in Chong Boon, within Ang Mo Kio town, were the first to participate in SUP in 2024. In coming up with the SUP design, HDB worked with our design consultants and relevant partner to engage residents to better understand their needs and seek their views on the enhancements they hope to see in their precincts. A Community Improvement Walk was also organised in August 2024 for residents to share their feedback. Based on their feedback, HDB has finalised the design and scope of the enhancement works to be carried out at Chong Boon.

Key Design Features

Features to Promote Physical and Mental Wellness

3 To promote an active and healthy lifestyle among seniors, active aging features such as fitness trails and therapeutic gardens will be incorporated. For example, residents can look forward to a 3-Generation fitness trail, spanning approximately 400 metres long between Blk 432 and Blk 434 Ang Mo Kio Ave 10. The trail will include two fitness zones with adult exercise equipment targeted at helping users build strength and enhance their mobility, as well as a play zone for the children. Featuring fitness stations that facilitate both solo workouts and group activities, the fitness trail will not only promote healthy living among senior residents, but also provide opportunities for intergenerational bonding within the community.

² The four precincts in Chong Boon are Blocks 422 to 425, 424A, 426 to 430, 431 to 441 & 442 to 445 Ang Mo Kio Ave 3/10/St 42



Before (left picture) and after (right picture) the SUP works. Residents can look forward to a 3-Generation fitness trail with fitness zones for seniors and adults and play zone for children. (Credit: Artist's impression courtesy of A D Lab Pte Ltd)

4 Residents can also look forward to a therapeutic garden located between Blk 426 and Blk 429 Ang Mo Kio Ave 3. The garden is designed with a range of flowering and fragrant plant varieties to stimulate the senses and allow residents to enjoy the healing and restorative qualities of nature. With seating provided throughout the garden, residents can rest and recharge as they admire the plants. A community gardening space, measuring approximately 430 sqm, will also be incorporated for residents to grow edible plants and vegetables. Besides picking up new gardening skills, they can make new friends and keep active in the process.



Before (left picture) and after (right picture) the SUP works. A pedestrian path between Blk 426 and Blk 429 Ang Mo Kio Ave 3 will be transformed into a therapeutic garden for residents to relax amidst a curated palette of greenery (Credit: Artist's impression courtesy of A D Lab Pte Ltd)

Features to Enhance Connectivity and Accessibility around Chong Boon

5 Pedestrian paths and walkways in the precincts will be upgraded with non-slip flooring to enable residents to walk around the neighbourhood comfortably and safely. New rest points with seating areas will also be added along various walkways and at pedestrian pick-up/drop-off points, so that residents can take a break during their stroll or wait comfortably for their ride. A new barrier-free access ramp will be provided at

Blk 445 Ang Mo Kio Ave 10 to enable seniors to access the block more conveniently and safely from the roadside pedestrian path.



Before (left picture) and after (right picture) the SUP works. A barrier-free ramp will be built alongside the existing staircase to Blk 445 for seniors to access the block more conveniently and safely. (Credit: Artist's impression courtesy of A D Lab Pte Ltd)

Features to Enliven Community Spaces and Bring Residents Together

6 Taking into consideration residents' feedback to provide more social spaces, two existing community spaces at Blk 424 and Blk 440 will be upgraded with more seating and features that facilitate social interaction among the community. For example, the community space at Blk 440 will include a large table and chairs for dining and a dry kitchen workspace to facilitate potluck gatherings, a multi-purpose space with tables and chairs for craftwork and collaborative workshops, a play area where children can play hopscotch or tic-tac-toe, as well as a reading nook which can accommodate shared books and resources for residents' browsing.



Before (left picture) and after (right picture) the SUP works. The communal space at Blk 424 Ang Mo Kio Ave 3 will be upgraded to a Community Living Room with more seating to facilitate social interaction among residents. (Credit: Artist's impression courtesy of A D Lab Pte Ltd)



Before (left picture) and after (right picture) the SUP works. The new Multi-Generational Living Space at Blk 440 Ang Mo Kio Ave 10 will feature different zones for residents to bond over social gatherings, games and books. (Credit: Artist's impression courtesy of A D Lab Pte Ltd)